**JUNE CLASS SCHEDULE**

| ◄ [May](http://www.wincalendar.com/May-Calendar/May-2014-Calendar.html) | **~ June 2014 ~** | | | | | [July](http://www.wincalendar.com/July-Calendar/July-2014-Calendar.html) ► |
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| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
| 1  9-10am- Flex n Flow Yoga  (all levels) | 2  6:30-7:30p Flow Yoga  (all levels) | 3  7:30-8:30pm BodyToning  (all levels) | 4  5:30-6:30 Flow Yoga  (all levels)  7-8 Yoga Props  (all levels) | 5  6:30-7:30pm Pilates  7:30-8:30 Body Toning  (all levels) | 6  2-2:45- Chair Yoga  3-3:45 Broadway Oldies ( all levels)  6-7pm Flow Yoga | 7  9-10am Body Toning  (all levels) |
| 8  9-10am- Flex n Flow Yoga  (all levels) | 9  6:30-7:30p Flow Yoga  (all levels) | 10  7:30-8:30pm  Body Toning  (all levels) | 11  5:30-6:30 Flow Yoga  (all levels)  7-8 Yoga Props  (all levels) | 12  6:30-7:30pm Pilates  7:30-8:30 Body Toning  (all levels) | 13  2-2:45- Chair Yoga  (limited mobility)  3-3:45 Broadway Oldies ( all levels)  6-7pm Flow Yoga | 14  9-10am Body Toning  (all levels) |
| 15  9-10am- Flex n Flow Yoga  (all levels) | 16  6:30-7:30p Flow Yoga  (all levels) | 17  7:30-8:30pm  Body Toning  (all levels) | 18  5:30-6:30p Flow Yoga  (all levels)  7-8pm Yoga Props  (all levels) | 19  6:30-7:30pm Pilates  7:30-8:30 Body Toning  (all levels) | 20  2-2:45- Chair Yoga  (limited mobility)  3-3:45 Broadway Oldies ( all levels)  6-7pm Flow Yoga | 21  9-10am Body Toning  (all levels) |
| 22  9-10am- Flex n Flow Yoga  (all levels) | 23  6:30-7:30p Flow Yoga  (all levels) | 24  7:30-8:30pm  Body Toning  (all levels) | 25  5:30-6:30p Flow Yoga  (all levels)  7-8pm Yoga Props  (all levels) | 26  6:30-7:30pm Pilates  7:30-8:30 Body Toning  (all levels) | 27  2-2:45- Chair Yoga  (limited mobility)  3-3:45 Broadway Oldies ( all levels)  6-7pm Flow Yoga | 28  9-10am Body Toning  (all levels) |
| 29  9-10am- Flex n Flow Yoga  (all levels) | 30  6:30-7:30p Flow Yoga  (all levels) | All Classes are small and specialized to assist all levels and abilities  Yoga $15 drop-in or $120 for a 12 class pass  Body Toning $80 for a 6 week block ( 3x week) or $10 drop-in  Pilates $10 drop-in | | | | |